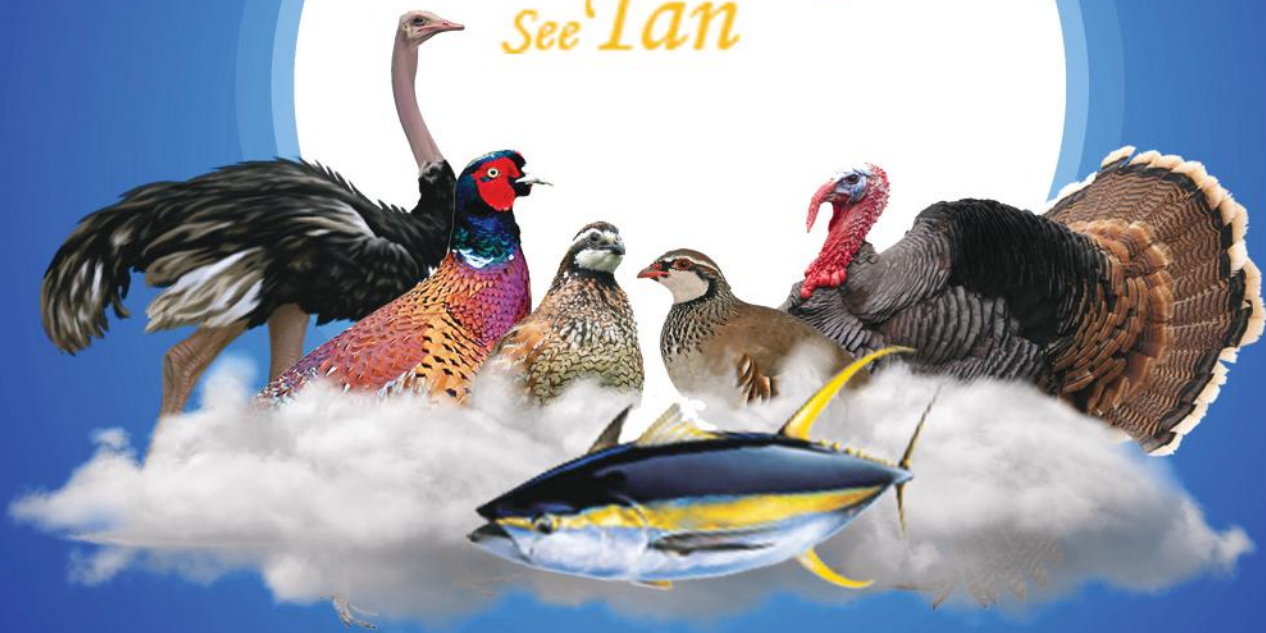


سے تان
See Tan





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Seetan IN OLIVE OIL
TUNA FISH

SeeTan TUNA WITH OLIVE OIL

Tuna with olive oil :

its recommended by physician that we eat 2 spoon of olive oil because it has the very necessary fat that our body cant produce which incorporated in cell structure and skin and its is also recommended by dermatologist for having soft and shiny skin as well as it has recommended in sport which help our body to supply more efficient energy , also in those who has high amount of cholesterol in their body or they have obesity for better metabolism of fatty tissue and decreasing amount of bad fat in the body olive oil is strongly recommended , therefore our company produced this type of tuna and as we all know tuna has high amount of protein . overall its a very healthy diet for sportsman and those with obesity and for losing weight .

Tuna with olive oil:

As we all know and by laboratory result the tuna has high amount of protein which is one of the main substance for building muscles and increase immunity and protecting body to keep itself strong and young with high energy production and no fat.

Benefits:

- 1) High protein (30g) due to recommendation of physician since our body can absorb 30 g of protein each 3 hours
- 2) Low amount of fat, recommend by health department and world health organization for obese people and people with heart disease and high cholesterol
- 3) From very fresh fish meat
- 4) A complete ready diet
- 5) completey natural without any chemical conservative subst ances
- 6) provide enough energy for a meal of day
- 7) the best diet after sport and for body builders

Nutrition Facts	
Valeur nutritive	
Per 1/4 cup (55 g) / par 1/4 tasse (55 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories	162 Kcal
Fat / Lipides	16 g
Saturated / saturés + Trans / trans 0 g	0 g
salt	1.1 g
Sugars / Sucres	0 g
Protein / Protéines	23 g





سرطان
SeeTan



سرطان
SeeTan



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SeeTan CANNED TURKEY IN OIL

SeeTan IN OIL CANNED TURKEY

Canned turkey :

as we all know and by laboratory result the Canned turkey has high amount of protein which is one of the main substance for building muscles and increase immunity and protecting body to keep itself strong and young with high energy production and no fat .

benefits:

high protein (30g) due to reccomedation of physician since our bodyh can absorb 30 g of protein each 3 hours

low amount of fat , recommend by health department and world health organization for obese people and people with heart disease and high cholesterol from very fresh turkey meat

a complete ready diet

completey natural without any chemical conservative substances

provide enough energy for a meal of day

the best diet after sport and for body builders

Nutrition Facts	
Valeur nutritive	
Per 1/4 cup (55 g) / par 1/4 tasse (55 g)	
Amount Teneur	% Daily Value % valeur quotidienne
Calories / Calories	162 Kcal
Fat / Lipides	16 g
Saturated / saturés + Trans / trans 0 g	0 g
salt	1.1 g
Sugars / Sucres	0 g
Protein / Protéines	28 g





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SeeTan DIET TUNA

SeeTan DIET TUNA

Diet tuna:

As we all know and by laboratory result the tuna has high amount of protein which is one of the main substance for building muscles and increase immunity and protecting body to keep itself strong and young with high energy production and no fat.

This type of tuna has no oil and its is kept in the salted water which the aim is for those who wanna lose weight very fast and for those who have high amount of cholesterol in their body which i strongly recommended by world health organization and since obesity and high cholesterol is one of the most frequent disease in the world we decided to support the idea of deleting the fat from our diet by producing diet tuna . Diet tuna is strongly recommended by physician and body builders , the reason is in each 3 hours our body can absorbs 30 g of protein which it is exactly amount of protein which exist in diet tuna and as well as we all know the best way for providing protein is the natural way .

Diet tuna:

As we all know and by laboratory result the tuna has high amount of protein which is one of the main substance for building muscles and increase immunity and protecting body to keep itself strong and young with high energy production and no fat.

Benefits:

- 1) High protein (30g) due to recommendation of physician since our body can absorb 30 g of protein each 3 hours
- 2) Low amount of fat, recommend by health department and world health organization for obese people and people with heart disease and high cholesterol
- 3) From very fresh fish meat
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- 6) provide enough energy for a meal of day
- 7) the best diet after sport and for body builders

Nutrition Facts	
Valeur nutritive	
Per 1/4 cup (55 g) / par 1/4 tasse (55 g)	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories	162 Kcal
Fat / Lipides	0 g
Saturated / saturés + Trans / trans 0 g	0 g
Water	32.4 g
salt	3.6 g
Sugars / Sucres	0 g
Protein / Protéines	23 g

Caught in the South





SeeTan CONSERVATIVE BEAN conservative bean :

It is made of boiled bean in high degree ,in special boiling machine . In each 100 grams of it,there is 21 gram of protein , highly recommended for sportsman and vegetarian people.

Overall very healthy food which can be saved for a few years and it is very healthy , one of the reason that it is healthy is production of bean is in a very healthy way which is boiling . It helps to build muscles and it is a very filling food which is highly recommended for those who do climbing and hiking .

Conservative bean is very fast digested food and it is recommended to people who has digestive problem , although it is said that it produce gas in intestine but the way that conservative food are prepared , It has been solved this problem .



180 ± 5%g

Canned Chicken



conservative chicken :

Conservative Chicken is prepared in boiling way which and It is quite healthy and full of protein , In each 100 grams of it , there is 32 grams of proteins .

The way of production is boiling .

It is recommended for those who do body buildings and needs quite a lot of proteins , for those who wanna keep their body fit while they are traveling and they wanna provide good amount of proteins daily . It is recommended for those with digestive problem because conservative chicken is prepared in a very high degree and its fiber is very fragile and body can digest it perfectly and fast .

It can be added by many taste including salty spicy or with vegetables .

It is provided with very fresh chicken meat because the factory itself has contract directly with farmers who provide the best chicken meat and the chicken are grown in the best way as it is recommended by animal support organization .





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